

# December 2018 Menu

Douglas County Senior Center

\* Milk Served Daily

\* Sliced WW Bread available upon request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Creamy Mozzarella Sun-Dried Tomato Basil, Spinach Tortellini, Garden Salad, Garlic Bread Mixed Fruit Cup Peach Pie	<b>4</b> Ls Tomato Soup Holiday Sub(Turkey & Stuffing) Baby Carrots Apricot Halves	<b>5</b> Swiss Steak Baked Potato w/FF Sour Cream & Chives Herbed Vegt. Medley WW Wheat Roll Applesauce	<b>6</b> Smothered Sweet Shredded Pork Burritos W/ Black Beans Jell-O w/ Mixed Fruit Salad Spanish Rice, Refried Beans Apple Cinnamon Muffin	<b>7</b> Crab Cake w/Tartar Sauce Cranberry Almond Spinach Salad, Wild Rice Pilaf Asparagus, Pineapple Juice Strawberry Shortcake
<b>10</b> Cream of Broccoli Soup Lemon Baked Fish Steamed Brown Rice Cauliflower, Carrots, Snow Peas, Colorful Salad, Lite Balsamic Vinaigrette Drsg Royal Brownie	<b>11</b> Italian Sausage Lasagna Spinach Salad Winter Blend Vegetables Garlic Bread, Diced Pears Ice Cream Bar	<b>12</b> <i>Birthday Day</i> Roast Beef & Gravy Caesar Salad, Red Potatoes Roasted Asparagus Tropical Fruit Cup Cake & Ice Cream	<b>13</b> Chicken Pasta Primavera Colorful Salad, Ls Italian Drsg. Garlic Bread Citrus Delight	<b>14</b> BBQ Ribs Pineapple Coleslaw Baked Beans Chuck Wagon Corn V-8 Juice, Green Grapes Chocolate Éclair
<b>17</b> Sloppy Joe on WW Bun Baked Beans Baby Carrots Fruit Cocktail	<b>18</b> White Chicken Chili Cheese & Onions Marinated Tomato Salad Waffle Biscuit, Apricots Pumpkin Spice Cake	<b>19</b> Seafood Au Gratin in a Pastry Puff Key Largo Blend Veggies Walnut Tossed Salad Spiced Peaches Coconut Cream Pie	<b>20</b> Roast Pork Tenderloin Potato Salad Honey Dijon Vegetables Spring Salad Tangy Yogurt Salad Dressing Tropical Fruit Cup Simmered Beans w/Bacon	<b>21</b> French Dip W/ Au Jus Romaine Bacon Swiss Salad Potato Wedges Oregon Blend Veggies Fruit 'n' Pudding Dessert
<b>24</b> <i>Christmas Dinner</i> Baked Ham, Sweet Potato, Mash Potato & Gravy Broccoli Casserole Waldorf Salad, WW Roll Red Velvet Cupcake	<b>25</b> CLOSED FOR HOLIDAY	<b>26</b> Thin and Crispy Pizza Chef Salad GFI Dressing Broccoli Mixed Berry Cup	<b>27</b> Salmon w/ White Dill Sauce Spring Mix Salad w Tomato Apple Pecan Wild Rice Pilaf Spinach, Lemon Cranberry Muffin	<b>28</b> Roasted Turkey Pan Gravy Yams and Apples, Corn Colorful Salad with FF Creamy Italian Dressing Oat Bran Roll
<b>31</b> <i>New Year's Eve Dinner</i> Tri Tip Garden Salad w/ Blue Cheese Drsg. Baked Potato w/Sour Cream & Chives Prince William Vegetables Sparkling Apple Cider White Chocolate Raspberry Bundt Cake				

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